



Phillip Deaver  
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2010 Central Pacific Regional Championships  
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Dear Competitors:

Welcome to the 2010 Central Pacific Regional Championships hosted by Salt Lake Figure Skating and sponsored by U.S. Figure Skating. The local organizing committee has been working very hard to make this a pleasant and rewarding experience for you. The LOC and I hope it will add to your knowledge of skating and will encourage good sportsmanship.

Some competition information for you:

- ❖ At this year's Central Pacific Regional Championships, there will be no qualifying rounds for any level. All skaters entered in Intermediate through Senior levels will perform both their short program and their freeskate (long) program. The combined total will determine final placements. All Juvenile skaters will perform their freeskate program once to determine the final results.
- ❖ When you first arrive at the arena, you will need to check in at the Registration table. All skaters will be provided a credential, which will need to be worn to access certain areas of the arena, including the entrance to the rink for competition. Please do not lose track of your credential.
- ❖ Prior to receiving your credential at check in, you will be required to turn in your competition music. This music is what will be played for your official practice as well as your competition event. Please turn in a clean copy, free of marks or scratches. We want your best CD(s)! For those that qualify for the next round of competition (Sectionals or Jr. Nationals) your music will be forwarded to them for you. All other music can be picked up following the conclusion of your last event.
- ❖ All qualifying event scoring for the Central Pacific Regional Championships will use the International Judging System (IJS). We will have the mini-system (computers) set up and video replay will be available to our technical panels. You will receive your protocol shortly after the end of each segment, please review it immediately.
- ❖ Please be on time for your event. It is my intention to never start an event ahead of the scheduled, posted time. Some events may start late because of extenuating circumstances.
- ❖ This year, Intermediate Ladies and Novice Ladies, due to the number of entries, each will have four warm-up groups. Because of the length of the event with IJS judging, we have scheduled an ice resurface between the second and third warm-up groups.
- ❖ For official practices with music, please be ready to skate your program IMMEDIATELY when your name is called. There will be no delay in starting your program during practice and the music will not be restarted if you are not ready.
- ❖ Please have a copy of your music readily available in case you need a replacement. During the event, if your music doesn't sound right to you (wrong speed, wrong music, or whatever), please stop at once and report to the referee. Your coach should carry an extra copy of your music in his or her pocket.
- ❖ All of your coaches must be currently registered with the PSA and have completed the U.S. Figure Skating coaches' registration process again this year in order to participate in a qualifying competition this season. If your coach has not done either of these tasks, they will not be allowed to coach during practice ice or your competition events. Please check to see if your coach is registered at <http://www.usfsa.org/Shell.asp?sid=41529> (links are on right for alphabetical listing or listing by state) and follow up with your coach to make sure they can work with you at Regionals.

A final note: A referee is considered the skater's advocate. A referee's job is to make certain that each skater has an equal chance of finishing in first place, regardless of whom you are or where you come from. If you have questions, please feel free to find me.

Yours in skating,

*Phillip Deaver*

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